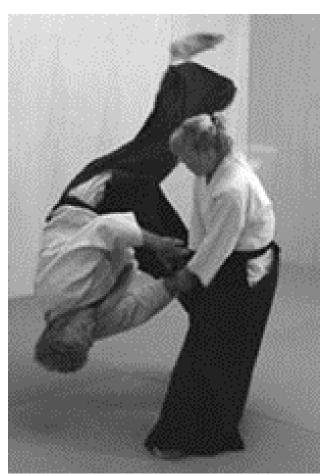
In the Fall of 2013, our (then) annual Fall Mountain Camp, had become a Bridge seminar. We were pleased to have, as we usually did, Hiroshi Ikeda Shihan as our featured instructor. That year, we were also thrilled to add Mary Heiny Sensei, and Lia Suzuki Sensei as major instructors at that camp! It has been ten years since we have been able to have Suzuki Sensei in Arizona, but we are extremely pleased to announce that she will be here from September 29 through October 1, 2023, for a seminar in the dojo! Here's what we said about her in 2013:

Lia Suzuki Sensei began training in Aikido in 1982. From 1987-1996 she trained in Kamakura, Japan with her present teacher and top student of the late grandmaster Seigo Yamaguchi Shihan, Takeda Yoshinobu Shihan, 8th dan. Suzuki was introduced to Takeda Shihan through her first teacher, William Gleason Sensei, 7th dan.



In addition to teaching standard Aikido classes in Pennsylvania and California, Lia Sensei has done pioneering work with youth and adults with mental health and substance abuse issues, using Aikido as a therapeutic vehicle.

Today, Suzuki Sensei is internationally known, coming to Phoenix from her recent trips to Baarn, Netherlands; Düsseldorf, Germany; and Bonn, Germany.

You can read more about Suzuki Sensei on her Website: <a href="https://www.lia-suzuki.com/site/about">https://www.lia-suzuki.com/site/about</a>

## Arizona Aikido Seminar with Lia Suzuki, 6<sup>th</sup> dan September 29, 30, and October 1, 2023

Join us for a 3-day seminar with Suzuki Sensei at our Agatsu Dojo, 939 W. Camelback Road, Phoenix, Arizona 85013.

Schedule

Friday – 7:00 p.m. to 9:00 p.m.

Saturday

9:00 a.m. – Noon

2:00 p.m. - 5:00 p.m.

Sunday – 9:00 a.m. – Noon

Cost:

Full Seminar - \$100

Friday only - \$30

Saturday half day - \$30

Sunday only - \$30

Seminar Location:

Arizona Agatsu Dojo

939 W. Camelback Rd.

Phoenix, AZ 85013

Google Map: <a href="https://goo.gl/maps/AcE9BTB8Q4YSHYx77">https://goo.gl/maps/AcE9BTB8Q4YSHYx77</a>

This is walking distance from the light rail station at 7<sup>th</sup> Avenue and Camelback Rd.

Register online at https://www.azaikido.org/news.html

