



Aikido of Flagstaff

www.aikidoflagstaff.org

Osu Seminar

August 28 & 29, 2026

George Ledyard Sensei, 7th Dan



Osu Training Schedule:

Friday 8/28/2026, 6:00PM-8:00PM

Saturday 8/29/2026, 10:00AM-
12:00PM, 2:00PM-4:00PM

\$75 full seminar, Fri and Sat

\$50 Saturday only

Location: Flagstaff Federated
Community Church, Reece Hall
400 W Aspen Ave., Flagstaff, AZ
86001

Saturday Evening Potluck Party:

6:00PM to 9:00PM

1866 S. Highland Mesa Rd.
Flagstaff, AZ, 86001

For more information call Richard Facer Sensei at 928-853-2256
Aikido of Flagstaff, 120 S Beaver St., Flagstaff, AZ 86001